

## PRESURGICAL INSTRUCTIONS

1. If your surgery will be performed under IV sedation, DO NOT eat for 6 hours and DOT NOT drink for 3 hours prior to your appointment. **To do otherwise may be life-threatening.** However you can take all routine medications as usual but with only a few small sips of water unless directed otherwise by your family physician and/or Dr. Guorgui.
2. If your surgery will be performed under IV sedation, you MUST have someone drive you home.
3. Please inform Dr. Guorgui of all routine medications you are currently taking. In some instances, some medications need to be stopped for a few days prior to surgery.
4. If Dr. Guorgui prescribes an antibiotic for your surgical treatment, we ask that you start taking it the day prior to your surgical appointment and to continue with the antibiotic therapy, following prescription instructions, until the course is complete.
5. Dr. Guorgui might also prescribe a steroid to reduce post-op inflammation. This medication is typically prescribed for only 3 days and should be started in the morning on the day of the surgery.
6. Please plan to rest at home for the remainder of the day and the following day after your surgical appointment.
7. Ice packs should be applied to the side of the face where surgery was performed for the first 24 hours (20 minutes on and 20 minutes off). Please have ice packs ready at home.
8. Following surgery, do not chew until the freezing wears off. If you're hungry, you should have cold liquids. Protein shakes, Ensure, ice cream, and yogurt are good options.

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Patient Signature

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Date

**Dr. Amir Guorgui**  
**BSc, DMD, MaCSD, FICOI**